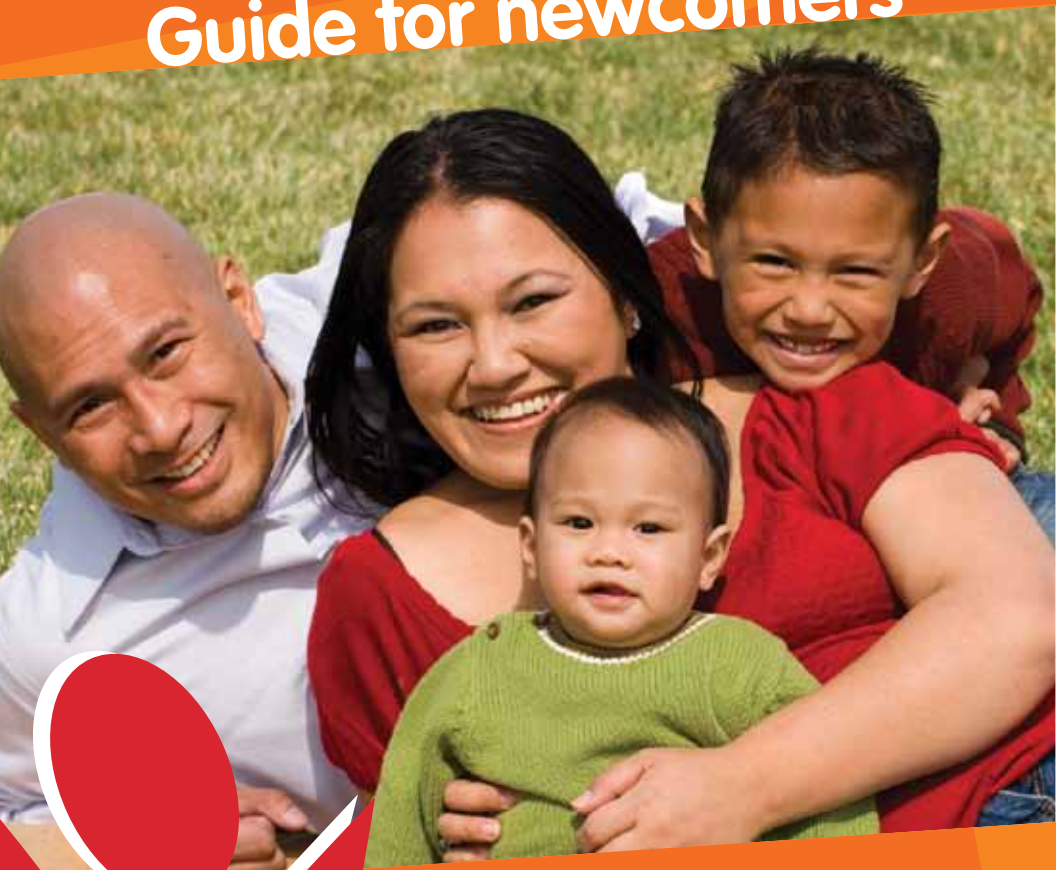


# Guide for newcomers



# Welcome to Greater Moncton!



SECOND EDITION



## Greater Moncton Immigration Board

**This guide is an initiative from the Greater Moncton Immigration Board.**

*The Greater Moncton Immigration Board was launched as a joint venture of the Greater Moncton Chamber of Commerce and Enterprise Greater Moncton in 2006. Today, it is a non-profit organization, supported by the three municipalities of Moncton, Dieppe and Riverview. The Greater Moncton Immigration Board was created to better address the settlement needs of newcomers in the area.*

This guide contains information gathered from several sources. The Greater Moncton Immigration Board is not responsible for the data's accuracy, reliability or timeliness. Please note that the lists provided may not be complete or may represent only a sample of available resources.

If you are aware of any errors, please contact us at:

### Moncton City Hall

Greater Moncton Immigration  
655 Main Street  
Moncton NB E1C 1E8  
(506) 389-5937  
E-mail: [immigration@moncton.ca](mailto:immigration@moncton.ca)

Future revisions will be posted on [www.immigrationgreatermoncton.ca](http://www.immigrationgreatermoncton.ca)

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## Greater Moncton

(Information from Greater Moncton Urban Community – Strength through Cooperation)

The first European settlement in Acadie began in the mid-17<sup>th</sup> century with the arrival of Acadians in Port Royal, Nova Scotia. The Acadians were the first settlers in the Greater Moncton area. (See P. 39 for more information on Acadie). They established a village at the bend of the Petitcodiac River, naming it “Le Coude”. In June 1755, Fort Beauséjour was captured by Lieutenant-Colonel Robert Moncton, after whom Moncton is named.

Large numbers of Loyalists, repatriated Acadians, Irish and other immigrant groups arrived in the region over the following century, establishing a **multicultural heritage** which is still one of the area’s largest assets. In 1855, the settlement known as “Le Coude” was incorporated as the Town of Moncton.

During the 20<sup>th</sup> century, the City of Moncton expanded its boundaries and population through a series of amalgamations. Suburbs grew outside Moncton’s boundaries: on the north side of the Petitcodiac River, Dieppe, Saint-Anselme, Chartersville and Lakeburn, which were later amalgamated into Dieppe; and on the south of the Petitcodiac River: Riverview Heights, Gunningsville and Bridgedale which later became the Town of Riverview. The histories of the City of Dieppe and the Town of Riverview are closely intertwined with Moncton’s growth. In 1946, Leger Corner changed its name to Dieppe in honour of the Canadian soldiers who died in the Second World War’s Dieppe Raid. Riverview was incorporated as a town in 1973. The Greater Moncton urban community, as we know it, is the result of local government restructuring following the report of the Royal Commission on the Greater Moncton Area put into effect in 1973.

The spirit of cooperation, ever present among the three urban communities of the Greater Moncton Urban Community since the municipal restructuring of 1973, was a solid foundation on which to build. Even though these three distinct municipalities strongly maintained their separate identities and political independence, their political leaders developed a considerable record of collaboration that still exists today.



**Population:** 150,000 (information issued by the Moncton City Hall)

### OTHER INTERESTING WEBSITES:

- www.greatermoncton.org
- www.downtownmoncton.nb.ca
- www.localintheknow.com
- www.findmyway.ca
- www.pagesjaunes.ca
- www.canada411.ca

## IMPORTANT TELEPHONE NUMBERS

Ambulance, fire, police, poison centre .....	911	(24 hours)
Crime Stoppers.....	1-800-222-8477	
Police (non-emergency) .....	(506) 857-2400	
Power outages .....	1-800-442-4424	(24 hours)
Tele-care (symptoms evaluation & health information) .....	811	(24 hours)
Service New Brunswick.....	1-888-762-8600	
Service Canada.....	1-800-622-6232 / (506) 851-6718	
Taxis - Air Cab.....	(506) 857-2000	
- White Cab .....	(506) 857-3000	
- Blue Taxi.....	(506) 878-1212	
- Trius Taxi .....	(506) 858-0000	
- Ali Baba Taxi .....	(506) 224-0280	

## COMPUTER ACCESS

(Information from Industry Canada website)

Industry Canada’s Community Access Program gives thousands of Canadians affordable access to the Internet in places like schools, community centres and libraries. It provides access to those people who might not have computers or Internet access at their homes or workplaces.

## A FEW PLACES WHERE YOU CAN ACCESS A COMPUTER IN THE GREATER MONCTON AREA:

- Moncton Public Library**  
 644 Main Street, Suite 101  
 (506) 869-6000  
 www.monctonpubliclibrary.ca
- Dieppe Public Library**  
 333 Acadie Avenue (City Hall)  
 (506) 877-7945  
 (506) 877-5015  
 www1.gnb.ca/0003/library.asp?Code=AD
- Riverview Public Library**  
 34 Honour House Court  
 (506) 387-2108  
 www.townofriverview.ca – Community section
- Findmyway Community Network**  
 Volunteer Centre of Southeastern New Brunswick Inc.  
 236 St. George Street, Suite 315  
 (506) 869-6533  
 www.findmyway.ca  
 info@findmyway.ca  
 After-hours information: 1-866-668-6363  
 Maybe there is a Findmyway Community Resource Centre near you!
- Multicultural Association of the Greater Moncton Area (MAGMA)**  
 150 Queen Street  
 Moncton, NB  
 (506) 858-9659
- Centre d'accueil et d'intégration des immigrants.e.s du Moncton métropolitain (CAIIMM)**  
 319 St. George Street, 1<sup>st</sup> Floor  
 Moncton, NB  
 (506) 382-7494
- Father J. Angus MacDonald Centre**  
 36 High Street  
 Moncton, NB  
 (506) 857-4086

## Immigration

### IMMIGRATION PROTOCOLS

Depending on your status (permanent resident, temporary worker, refugee, student or other), you will have different immigration protocols to meet as soon as you arrive in Greater Moncton.

Visit the Citizenship and Immigration Canada website for more information on that topic and to know your rights and obligations in Canada: [www.cic.gc.ca](http://www.cic.gc.ca).

For information on citizenship and immigration programs and services, including the Permanent Resident Card, call 1-888-242-2100.

Don't hesitate to visit the self-serve Citizenship and Immigration Canada Centre in Moncton at 860 Main Street, Suite 602 (6<sup>th</sup> floor).

### MY RESOURCES AS AN IMMIGRANT

- **Multicultural Association of the Greater Moncton Area (MAGMA)**

150 Queen Street  
Moncton, NB  
Telephone: (506) 858-9659  
Fax: (506) 857-9430  
E-mail: [info@magma-amgm.org](mailto:info@magma-amgm.org)  
[www.magma-amgm.org](http://www.magma-amgm.org)

MAGMA is a non-profit charitable organization mandated to:

- assist new immigrants and refugees in their settlement, orientation and adaptation
- foster harmonious relations, nurturing respect and understanding among people of all heritages
- create cultural awareness in the community at large
- encourage appreciation and sharing of our diverse cultural values
- provide training in the Canadian official language of one's choice
- protect and promote human rights

(Information from the MAGMA website)

- **Centre d'Accueil et d'Intégration des Immigrant.e.s du Moncton métropolitain (CAIIMM)**

319 St. George Street  
Moncton, NB, E1C 1W8  
(506) 382-7494  
Fax: (506) 382-7495  
[info@caiimm.org](mailto:info@caiimm.org)  
[www.caiimm.org](http://www.caiimm.org)

CAIIMM is a non-profit organization mandated to:

- ensure that francophone immigrants are successfully integrated, leading to their increased retention in the Greater Moncton area
- support francophone immigrants in their development and facilitate their social, economic, administrative, legal, etc., integration
- encourage multiculturalism awareness and the promotion of other cultures
- promote cultural diversity

(Information from the CAIIMM website)

### ETHNO-CULTURAL ASSOCIATIONS

#### List of current ethno-cultural associations Greater Moncton:

- African Association
- Arab Association
- Armenian Association
- Belgo-Canadian Association
- Brazilian Association
- Burkinabe Association
- Caribbean Association
- Haitian Association
- Camerounese Association
- Congregation Tiferes Israel
- Congolese Association
- Dutch Association
- Filipino Association
- France-Canada Moncton Association
- French Association
- Gabonese Association
- Guinean and Friends Association
- German Association
- Greater Moncton Chinese Cultural Association
- Hungarian Association
- Indo-Canadian Association
- Italian Association
- Korean Association
- Kosovar Association
- Lebanese Association
- Malians Association
- Muslim Association
- Newcomers Group of Greater Moncton and Surroundings  
Diana Ten Have Tel.: (506) 871-3502 [new2nb@gmail.com](mailto:new2nb@gmail.com)
- Romanians Association
- Senegalese Association
- Tunisian Association
- Université de Moncton International Students Association

The above list is not all-inclusive. For more information on the each association's structure, including the name of their current president, contact MAGMA, CAIIMM or the Greater Moncton Immigration Board.

## Housing

### TEMPORARY HOUSING

While you are looking for permanent housing, you will need a temporary residence during the first weeks following your arrival in the Greater Moncton area.

Look in the Yellow Pages of the local telephone directory under Motels, Hotels or Bed and Breakfast.

### RENTING AN APARTMENT OR HOUSE

Renting an apartment or a house can be an affordable option and therefore more beneficial for you at the time of your arrival.

Where to look:

- Classified ads in local newspapers (Examples: Times & Transcript, L'Acadie Nouvelle)
- Signs in windows of apartment buildings or houses
- Websites such as [www.gorent.ca](http://www.gorent.ca), [www.kijiji.ca](http://www.kijiji.ca), etc.

### LEASE (Information from the Public Legal Education and Information Service of New Brunswick website)

A lease is an agreement that regulates the relationship between landlord and tenant. In New Brunswick, the landlord and tenant must sign a prescribed form of lease, called the Standard Form of Lease. The lease sets out the rights and responsibilities of both the landlord and tenant. Even if the landlord and tenant did not sign a lease, the *Residential Tenancies Act* still regulates the relationship. A lease for a fixed term ends automatically at the end of the term. However, the landlord or tenant can end a tenancy by giving written notice of termination. The notice of termination must always be in writing. The time required for this notice differs according to the type of lease involved. For example, in a year-to-year tenancy, notice must be given at least three months before the anniversary date of the lease. If the tenancy is month-to-month, then one month's notice is required. If the tenant moves without giving proper notice or assigning or subletting the tenancy, the tenant may be liable for the rent if the landlord cannot find a new tenant. For more information: [www.legal-info-legale.nb.ca/en/landlords\\_and\\_tenants](http://www.legal-info-legale.nb.ca/en/landlords_and_tenants)

Also visit Service New Brunswick's website:

[www.snb.ca](http://www.snb.ca)

### BUYING

Buying a house is a good investment but it could be expensive.

Where to look:

- Classified ads in local newspapers (Times & Transcript, especially on Mondays)
- Websites, for example: [www.mls.ca](http://www.mls.ca)
- Signs on property for sale

Who to consult:

- Real estate agents (look in the Yellow Pages of the telephone directory under Real Estate Brokers & Sales Representatives)
- Homeowners

### Quick fact...

Each municipality in Greater Moncton has bylaws. The Province of New Brunswick's Municipalities Act authorizes cities to create and enforce bylaws to maintain the health, safety and wellness of the community.

To learn about bylaws in Moncton, Dieppe and Riverview, visit the municipality's website or contact city or town hall.



### FURNITURE AND ACCESSORIES

To furnish your new residence, there are many retailers selling new or used furniture in the Greater Moncton area, including department stores and independent retailers. The price for new furniture can vary depending of the store and can sometimes reach several hundred dollars.

Refer to the telephone directory's Yellow Pages Furniture Dealers - Retail to find places where you can purchase new furniture.

Used furniture, on the other hand, is less expensive than new furniture, but it must be inspected before purchase to make sure it is still good quality.

There are a few places in Greater Moncton where we can find used furniture, including:

- House of Nazareth
- Bernie's Used and New Furniture
- Salvation Army Thrift Store

Refer to the telephone directory's Yellow Pages under Furniture - Used to find other used furniture retailers.

Bargain stores are places where you will find many products for a few dollars, including dishes, bath towels, decor, etc. Pay attention, however, to the quality of the products, but you will certainly be able to buy many useful things there.

Visit the [www.yellowpages.ca](http://www.yellowpages.ca) website, using the words Bargain Stores to find the address and telephone numbers of bargain stores.

Specialty newspapers featuring used items and vehicles for sale:

The Buyer Flyer ([www.thebuyerflyer.com](http://www.thebuyerflyer.com))



## Essential services

### SERVICE NEW BRUNSWICK AND SERVICE CANADA

(Information from Service New Brunswick, Service Canada and provincial government websites)

WHERE	REASON	HOW	WHY
<p><b>Service New Brunswick</b></p> <p>Assumption Place 770 Main Street Moncton, NB (506) 856-2204 1-888-762-8600 www.snb.ca</p> <p>- or -</p> <p>Place 1604, Suite 130 200 Champlain Street Dieppe, NB (506) 869-6222 1-888-762-8600 www.snb.ca</p>	<p>New Brunswick Medicare Card</p> <p>Driver's licence (see Transportation section)</p>	<p>You are eligible for New Brunswick Medicare coverage on the first day of the third month following the month you have established permanent residence in New Brunswick. In some cases you may be eligible upon applying.</p> <p>Complete an application form and provide copies of all identification documents from Citizenship and Immigration Canada. NB Health will notify you by letter about your eligibility and whether you are covered as explained above or from the date you applied for coverage. For more information call the NB Health Client Advocate in Fredericton at (506) 453-4227.</p> <p><b>COST:</b> free</p>	<p>You must present it to the physician and/or hospital each time you need insured hospital or physician services. A valid card contains information needed by hospitals and physicians.</p> <p>Visit <a href="http://www.gnb.ca">www.gnb.ca</a> to find out know which hospital and medical are insured.</p>
<p>Service Canada</p> <p>Heritage Court Suite 310 95 Foundry Street Moncton, NB (506) 851-6718 www.servicecanada.gc.ca</p>	<p>Social Insurance Number (SIN)</p>	<p>You are eligible at your arrival.</p> <p>Fill an application for registration form and provide a primary document and a supporting document.</p> <p>To know the primary document and supporting document list, visit the Service Canada Website.</p> <p><b>COST:</b> free</p>	<p>Every newcomer to Canada or temporary resident needs a Social Insurance Number to work in Canada or to receive benefits and services from government programs.</p>

#### Do you know that...

Service New Brunswick is a point of entry to more than **200 government services** and that the staff at Service Canada know **more than 60 government programs** and services. Do not hesitate to use these services! (Information from the Service New Brunswick and Service Canada websites)



### HEATING

New Brunswick's winter can be very cold. As soon as fall arrives, you will need to heat your home. Buildings are heated in many different ways: electricity, heating oil, natural gas, and sometimes, still with wood.

House: Before you buy a house, ask how it is heated.

Apartment: Ask the landlord if heating costs are included in the monthly rent.

#### Electricity

NB Power: The company that will provide electricity to your house.  
For distribution and client service, call toll-free 1-800-663-6272 or visit: [www.nbpower.com](http://www.nbpower.com).

#### Heating oil

Consult the Yellow Pages of the telephone directory under Oils-Fuel for heating oil suppliers in the Greater Moncton area.

#### Natural gas

Consult the Yellow Pages of the telephone directory under Natural Gas Companies for natural gas suppliers in the Greater Moncton area.

### TELEPHONE

#### Residential telephone and cell

Most people have a residential telephone. Cellular telephones ("cell phones") are also very popular. Attention: Before you buy a residential telephone or a cell phone, make sure you clearly understand the available packages and rates.

A number of companies provide telephone services in Greater Moncton, including Bell Aliant, Rogers and Telus. For more information on products and services they provide, contact:

- Bell Aliant – 1-866-425-4268 or [www.aliant.net](http://www.aliant.net)
- Rogers – 1-888-764-3771 or [www.rogers.com](http://www.rogers.com)
- Telus – 1-866-558-2273 or [www.telusmobility.com](http://www.telusmobility.com)

These companies also have one or more service locations in the Greater Moncton area.

#### Public telephones

Available in many public places. Instructions on how to place a call are posted on the telephone. Cost for a local call: \$0.25.

To determine your geographic area of free calling and for information on long-distance calls, consult the first few pages of the telephone directory.

#### Telephone directory

Yellow Pages – Telephone numbers and addresses of restaurants, businesses, services, etc. They are sorted by subject, or product, and in an alphabetical order (A to Z). There is a Subject Index and an Alphabetical Index, near the beginning of the telephone directory.

White pages – A lot of useful information is given in English and French – for example, what telephone numbers to dial in case of emergency or how to place a long-distance call. Consult the index to easily find the information you are looking for. Telephone numbers of individuals and many businesses in the area sorted by alphabetical order from A to Z. For individuals, names are listed by family name first.

Blue pages – For everything related to government. Telephone numbers are provided for federal and provincial departments.

Other information can be found in the telephone directory, including local maps and a community guide.

## INTERNET

Many residents of Greater Moncton have access to Internet at home. A number of companies provide Internet in the Greater Moncton area. For more information on products and services provided:

- Bell Aliant – 1-866-425-4268 or [www.aliant.net](http://www.aliant.net)
- Rogers – 1-888-764-3771 or [www.rogers.com](http://www.rogers.com)

### ***Did you know that...***

Downtown Moncton offers a W-Fi Internet network. If your computer is set up for it, you may have access to free Internet service downtown.



Many websites provide quick access to news, including:

- [www.canadaeast.com](http://www.canadaeast.com)
- [www.capacadie.com](http://www.capacadie.com)
- [www.cbc.ca](http://www.cbc.ca)
- [www.ccna.ca](http://www.ccna.ca)
- [www.cp.org](http://www.cp.org)
- [www.ctv.ca](http://www.ctv.ca)
- [www.jminforme.ca](http://www.jminforme.ca)
- [www.knowmoncton.com](http://www.knowmoncton.com)
- [www.radio-canada.ca](http://www.radio-canada.ca)
- [www.rogerstelevision.com](http://www.rogerstelevision.com)
- [www.tqs.ca](http://www.tqs.ca)

## TELEVISION

Most Canadians have a television set in their home. When you set up a television, you will perhaps have access to just a few channels without using a cable company. If this is not the case, or if you want access to several channels, you will need cable or digital television. A number of companies provide television services to the Greater Moncton area, including Bell Aliant and Rogers. For more information on products and services offered:

- Bell Aliant – 1-866-425-4268 or [www.aliant.net](http://www.aliant.net)
- Rogers – 1-888-764-3771 or [www.rogers.com](http://www.rogers.com)

A few television channels that will allow you to keep up to date on the news: CBC, CTV, Global, Radio-Canada, CTV News Channel, CBC News Network.

## NEWSPAPERS (Information from the provincial government website)

### Dailies

- L'Acadie Nouvelle ([www.acadienouvelle.com](http://www.acadienouvelle.com))
- Times & Transcript – Moncton ([www.timestranscript.com](http://www.timestranscript.com))
- Telegraph-Journal – Saint John ([www.telegraphjournal.com](http://www.telegraphjournal.com))

## Weeklies

- L'Étoile ([www.jminforme.ca](http://www.jminforme.ca))
- Le Moniteur Acadien ([www.journaux.apf.ca/lemoniteuracadien/](http://www.journaux.apf.ca/lemoniteuracadien/))

## RADIO (Information from the provincial government website)

Radio is a good way to stay current on activities taking place in Greater Moncton and to get other information on your new community.

### Radio stations in the region:

- Classic Rock 103.1 FM and Today's Best Country 96.9 FM  
[www.c103.com](http://www.c103.com) (English)
- CBC Radio One 106.1 FM
- CBC Radio Two 95.5 FM  
[www.cbc.ca/nb](http://www.cbc.ca/nb) (English)
- CBAF 88.5 FM
- Espace musique 98.3 FM  
[www.radio-canada.ca/regions/acadie](http://www.radio-canada.ca/regions/acadie) (French)
- K945 Today's Best Music 94.5 FM (English)  
Max FM 103.9 FM (English)  
Choix 99.9 l'Acadie Country 99.9 FM (French)
- CKNI 91.9 FM  
[www.news919.com](http://www.news919.com) (English)
- CJSE Radio Beauséjour 89.5 FM (French)
- CFBO 90.7 (French)
- CKUM Université de Moncton student radio 93.5 FM (French)

Visit [www2.gnb.ca/content/gnb/en/news/media\\_list.html](http://www2.gnb.ca/content/gnb/en/news/media_list.html) for a list of media in New Brunswick.

## CANADA POST

Canada Post delivers your mail at home and sends letters and parcels. Should you require their services, you will need to go to one of the area post offices normally open Monday to Friday between 8 a.m. and 5 p.m. There are also post office counters in some businesses with longer business hours. If postage is already attached to the item, you may place it in one of the many mailboxes in Greater Moncton. These are large red boxes with the Canada Post logo on them.

To find a post office near your home or for more information on Canada Post's services and postal rates:

- Canada Post – Main Office  
281 St. George Street, Moncton, NB  
(506) 857-7258 • [www.canadapost.ca](http://www.canadapost.ca)



## Finances

### CANADIAN MONEY



#### Canadian coins:

Penny (1 cent), nickel (5 cents), dime (10 cents), quarter (25 cents)



Loonie (1 dollar), Toonie (2 dollars)

The Canadian currency is the dollar. There are 100 cents in one dollar.

Visit the following websites to calculate how much your money is worth in Canadian currency:  
[www.oanda.com/currency/converter](http://www.oanda.com/currency/converter)  
[www.xe.com](http://www.xe.com)

#### Financial institutions

(Information from the Canadian Bankers Association and the New Brunswick Credit Union Deposit Insurance Corporation websites)

You can do business with many financial institutions in the Greater Moncton area. It is important to distinguish cooperatives from banks:

Banks and cooperatives offer similar products and services, including saving accounts, chequing accounts, debit cards, credit cards, mortgages, travel cheques, personal loans, RRSPs, bank drafts, currency exchange services, letters of credit, financial planning, insurance products, etc.

Banks	Cooperatives
<p>Federally regulated</p> <p>Banks in Greater Moncton: CIBC, National, Bank, Bank of Montreal, Royal Bank, Scotiabank, TD Canada Trust</p>	<p>Provincially regulated</p> <p>Membership is the most distinctive feature of the credit union system. All members are equal owners, regardless of the number of shares they hold individually, or the size of their respective deposits.</p> <p>Cooperatives in the Greater Moncton area:                      Caisses populaires acadiennes, Advance Savings Credit Union, Omista Credit Union</p>

#### Opening a bank account (information from the Citizenship and Immigration Canada website)

A bank account is a safe place to keep your money.

Most banks have various kinds of accounts, and you can discuss which kind you need with them. In order to schedule an appointment to open your account, contact the financial institution of your choice. To open one, you should be prepared to provide certain kinds of personal information, as well as various forms of identification, such as your passport or your Social Insurance Number.

Don't hesitate to ask many questions on services and products offered.

To find the addresses and telephone numbers of banks in the Greater Moncton area, consult the telephone directory's Yellow Pages under Banks.

#### Credit card (information from the Citizenship and Immigration Canada website)

Getting credit means that you borrow money to buy something now and pay it back later, with interest. Interest is the fee charged for using the money. Interest rates can be quite high, so you should be very careful how you use credit.

Credit comes in many forms – credit cards, lines of credit, mortgages or loans. You can apply for credit cards at banks and trust companies. These cards allow you to buy items on credit and be billed for them within a month. If you pay the full amount back by the due date, you won't be charged any interest.

#### Credit report (information from the Industry Canada website)

A credit report is a "snapshot" of your credit history. It is one of the main tools lenders use to decide whether or not to give you credit. Your credit file is created when you first borrow money or apply for credit. On a regular basis, companies that lend money or issue credit cards to you send specific factual information related to the financial transactions they have with you to credit reporting agencies. Upon your arrival in Greater Moncton, it will be difficult for you to obtain credit. As soon as you arrive, immediately start paying your bills before the due date and manage your bank accounts properly to create your Canadian credit report.

For more information visit: [www.ic.gc.ca](http://www.ic.gc.ca).

Canadian Consumer Handbook (2007 Edition):

[www.ic.gc.ca/eic/site/oca-bc.nsf/eng/h\\_ca02058.html](http://www.ic.gc.ca/eic/site/oca-bc.nsf/eng/h_ca02058.html)

#### Debit card (information from the Citizenship and Immigration Canada website)

It's common for Canadians now use automated banking machines, known as ATMs, to do most of their banking. It's like a self-service bank, one that's "open" 24 hours per day, seven days per week. With your debit card, also called a bank card, you can use these machines to get cash from your accounts, pay bills, deposit cheques, etc. You may need to pay a small fee for this service.

## Transportation

### Driver's licence

Every person who wants to drive a motor vehicle in New Brunswick must have a driver's licence. The law requires you have your driver's licence with you when driving. Obtaining a driver's licence depends on your country of origin:

- Cost: \$80 or more (valid for four years);
- You have to produce 2 pieces of documentation as outlined in a primary list and a secondary list of applicable documents

Based on these factors you will either get a New Brunswick driver's licence without much trouble, or you will have to complete a written exam, a vision text and a driving text. If the latter is the case you must call (506) 856-2992 to make an appointment.

Even if you don't plan on driving a motor vehicle, it is always useful to have a driver's licence for identification. The steps to follow to get a driver's licence are available in the Driver's Handbook published by New Brunswick's Department of Public Safety, available for purchase for \$5.25 at Service New Brunswick or free on Internet: [www.gnb.ca/0276/vehicle/english/handbk\\_e.asp](http://www.gnb.ca/0276/vehicle/english/handbk_e.asp).

For more information: [www.gnb.ca/0276/vehicle/english/faq-e.asp](http://www.gnb.ca/0276/vehicle/english/faq-e.asp)

Service New Brunswick provides forms, information and a range of services for new drivers in New Brunswick.

Also, there are many driving schools in Greater Moncton. A driving school offers various services that could help you become a smart New Brunswick driver. Consult the telephone directory's Yellow Pages under Driving Instruction.

### Vehicle registration (information from the provincial government and Service New Brunswick websites)

To drive a motor vehicle on New Brunswick roads, your vehicle must be registered. The price for registration varies depending on the weight of your vehicle when empty.

You can get information on motor vehicle registration services in Service New Brunswick centres in the Greater Moncton area or by calling 1-888-762-8600.

### Vehicle inspection (information from the provincial government's Driver's Handbook)

All registered motor vehicles and trailers must undergo a yearly safety inspection at an official inspection station. These stations are located throughout the province. A safety inspection must be carried out under the supervision of a licenced mechanic in accordance with Motor Vehicle Act regulations. You must keep the inspection report form issued to you by the inspection station in your vehicle.

Consult the telephone directory's Yellow Pages under Automobile Inspection Stations to find the inspection stations in the Greater Moncton area.

### Insurance

Every vehicle driven on New Brunswick roads must be insured.

To purchase automobile insurance, you will need to contact an insurance company.

Consult the telephone directory's Yellow Pages under Insurance Agents & Brokers to find insurance companies in Greater Moncton.

### Laws and Regulations (information from the New Brunswick Motor Vehicle Act)

The Motor Vehicle Act regulates the use of motor vehicles in New Brunswick.

Please note:

- You can't drive while you have been drinking alcohol.
- The speed limit, in black numbers, is posted on white signs on the right-hand side of the road. The maximum legal speed is in kilometres per hour.
- You must wear your seatbelt AT ALL TIMES.
- If you see an ambulance, a fire truck or a police car approaching with flashing lights and you hear a siren, slow down and stop completely as far right as possible on the road until the emergency vehicle has passed.
- When following or meeting a YELLOW SCHOOL BUS, STOP when you see its lights flashing.
- All children in a motor vehicle must be in a car seat until they meet one of the following requirements: be at least nine years old, weigh at least 36 kilograms (79 pounds) or be at least 145 centimetres (57 inches) tall.

## TYPES OF TRANSPORTATION

### Car

Travelling in Greater Moncton is easy with a car. If you are not ready to buy a car immediately, you can rent one.

Consult the telephone directory's Yellow Pages under Automobile Renting to find the major car rental companies in the Greater Moncton area.

If you prefer to spend the required amount to buy a vehicle, consult the telephone directory's Yellow Pages under Automobile Dealers.

### Bus

The public transit system serving Greater Moncton area is Codiac Transit.

For schedules and rates: 857-2008 or [www.codiactranspo.ca](http://www.codiactranspo.ca)

### Taxi

Among the best known cab companies in Greater Moncton are:

- Air Cab (506) 857-2000
- White Cab (506) 857-3000
- Blue Taxi (506) 878-1212
- Trius Taxi (506) 858-0000
- Ali Baba Taxi (506) 224-0280

Consult the telephone directory's Yellow Pages under Taxis for other companies.

### Bicycle

If you want to save gas, a bicycle is the type of transportation for you. You can buy one in a department store or in a sporting equipment store.

Consult the telephone directory's Yellow Pages Bicycle Dealers—Sales & Service.

Some places sell used bicycles. As well, some websites can help you find a used bicycle, including [www.kijiji.ca](http://www.kijiji.ca).

**Do you know that...**

Under the New Brunswick Motor Vehicle Act, wearing a bicycle helmet is mandatory for all ages when you are riding a bicycle in New Brunswick.

**Carpooling**

Carpooling can be an economical and ecological way of transportation. Carpooling ads are available on the Université de Moncton website, on Kijiji's website and at the exits of some stores. In some companies, a carpooling network is organized.

**TRAVELLING OUTSIDE THE GREATER MONCTON AREA****Airplane** (information from the Greater Moncton International Airport website)

Greater Moncton International Airport provides user-friendly connections around the world and offers more than 100 weekly direct flights serving all major commercial centres in Canada.

For more information on services offered, the airport map or flight information: (506) 856-5444 or [www.gmia.ca](http://www.gmia.ca)

- Greater Moncton International Airport  
777 Aviation Avenue, Unit 12  
Dieppe, NB

**Train** (Information from the Via Rail website)

Via Rail is the company that serves Canada through several rail networks. The network in eastern Canada links Montreal and Halifax. Greater Moncton residents have access to that network in Moncton.

- Via Rail Station  
1240 Main Street  
Moncton, NB  
(506) 857-9830 (arrivals and departures)  
(506) 857-9830 (information and reservation)  
[www.viarail.ca](http://www.viarail.ca)

**Bus**

The Acadian Lines bus network allows you to travel throughout New Brunswick, as well as outside the province.

For more information: 1-800-567-5151 or [www.acadianbus.com](http://www.acadianbus.com)

**Do you know that...**

It is illegal to hitchhike in New Brunswick.

**Health and Safety****New Brunswick Medicare Card**

See page 12 - Essential Services section.

**Hospitals**

Two hospitals are serving the Greater Moncton area:

- Dr. Georges-L. Dumont Regional Hospital  
330 Université Avenue, Moncton, NB, (506) 862-4000  
[www.santevitalitehealth.ca](http://www.santevitalitehealth.ca)
- The Moncton Hospital  
135 MacBeath Avenue, Moncton, NB, (506) 857-5111  
[www.rhab-rsb.ca](http://www.rhab-rsb.ca)

To get the telephone number of specific departments within these hospitals, consult the white pages in the telephone directory for "Moncton Hospital" (Horizon Health Network) or "Dr. Georges-L. Dumont Regional Hospital" (Vitalité Health Network).

**Emergency**

Dial 911 ONLY when you have an emergency. This number connects you to appropriate emergency service providers such as police, ambulance, fire and poison control.

**Tips and tricks:**

Prepare an emergency kit for your home. It could be useful in case of a crisis. Visit the City of Moncton website ([www.moncton.ca](http://www.moncton.ca)) for more information. Click on "Residents", then "Emergency Preparedness".

**Family doctors**

Please contact the area's hospitals or consult the document "Health and Immigration: A guide for newcomers" (see page 22).

**Tele-Care NB**

Tele-Care is a bilingual information line offered by the New Brunswick Department of Health. Experienced nurses answer your call 24 hours per day, 7 days per week. Dial **811**.

The "Can Talk" service offers translation in more than 100 languages.

You don't need a Medicare number to use these services, which are accessible by anyone calling from New Brunswick.

**Dentists**

Consult the telephone directory's Yellow Pages under Dentists.

**Optometrists**

Consult the telephone directory's Yellow Pages under Optometrists.

### After-hours medical clinics

An after-hours medical clinic allows you to make an appointment to consult a doctor quickly even if you do not have a family doctor. You will, however, require your medical insurance card.

How: Usually, you need to call one hour prior to the opening of the clinic opening to make an appointment. The hours of operation for some clinics depend on the number of persons who want to see a doctor.

<p><b>After-hours Causeway Medical Clinic</b> Jean Coutu Pharmacy 538 Coverdale Road Riverview, NB (506) 384-8400 Hours: Monday-Friday (call after 4:30 p.m.) Saturday and Sunday / holidays (call after 11:30 a.m.)</p> <p><b>Clinique médicale dépannage du Marais</b> Pharmasave 185 Acadie Avenue Dieppe, NB (506) 384-1110 Hours: Daily (call after 12:30 p.m.)</p> <p><b>Dr. Louis L. Bourque Clinic</b> Jean Coutu Pharmacy 1116C Mountain Road Moncton, NB (506) 855-1125 Hours: Monday-Friday 2-9 p.m. Saturday and Sunday / holidays 12-5 p.m.</p> <p><b>After-hours Medical Clinic</b> Jean Coutu Pharmacy 404 St. George Street Moncton, NB (506) 856-6122 Hours: Monday-Thursday 5:30-8 p.m.</p> <p><b>After-hours Medical Clinic</b> Lounsbury Centre 1633 Mountain Road Moncton, NB (506) 854-2273 Hours: Daily 12-3 p.m. and 6-9 p.m.</p>	<p><b>Jean Coutu Pharmacy</b> 1789 Mountain Road, Suite 206 Moncton, NB (506) 388-9355 Hours: Monday-Thursday (call after 5:30 p.m.)</p> <p><b>After-hours Medical Clinic</b> Jean Coutu Pharmacy 140 Champlain Street, Suite 100 Dieppe, NB (506) 383-7709 Hours: Monday – Friday (call after 5 p.m.)</p> <p><b>Clinique Providence</b> Lawtons Drugs 355-A Elmwood Drive Moncton, NB (506) 383-4331 Hours: Monday-Friday 6-9 p.m. Saturday and Sunday: 12-5 p.m.</p> <p><b>Main Street Family Medical Clinic</b> 165 Main Street Moncton, NB (506) 854-8805 Hours: Call for hours.</p> <p><b>Trinity Drive Family Medical Clinic</b> 89 Trinity Drive Moncton, NB (506) 854-0133 Hours: Call for hours.</p> <p><b>Riverview After-hours Clinic</b> 500 Coverdale Road Riverview, NB (506) 387-7778 Hours: Monday-Friday call after 5 p.m. for an appointment Saturday, Sunday and holidays call after 12 p.m. for an appointment</p>
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\* Clinic's hours of operations may change.

### Pharmacies and necessities

In Canada, pharmacies are stores where you can get your prescribed medications as well as non-prescription medication and many other products and services. In fact, many pharmacies sell, for example, cosmetics, necessities and some food. In certain pharmacies, you may also be able to pay some of your bills.

Consult the telephone directory's Yellow Pages under Pharmacies to find the list of stores in the Greater Moncton area as well as the products and services offered.

### Private insurance

You can buy additional insurance from a private insurance company to cover what is not covered by New Brunswick health insurance, including:

- Drugs
- Eye care
- Dental services

Private insurance is also necessary for the first three months following your arrival in New Brunswick if you are not yet covered by Medicare.

Consult the telephone directory's Yellow Pages under Insurance Agents & Brokers for the names of private insurance companies.

Please note: Be sure to carefully read the terms of the insurance policy and to know the extent of coverage before signing any document.

Please do not hesitate to consult "Health and Immigration: A Guide for Newcomers" and "Health and Immigration: A Guide for Health Professionals" for more information on various aspects of Greater Moncton's health-care system.

Integrating into a new community, adapting to a new country and to a new culture is challenging. No matter our origin, familiarizing oneself with an unfamiliar health-care system can be a cause for worry and anxiety. That is why the staff at the Dr. Georges-L. Dumont Regional Hospital, The Moncton Hospital, the Multicultural Association of the Greater Moncton Area (MAGMA) and various community stakeholders joined forces to publish two guides on the subject.

The first is "Health and Immigration: A Guide for Newcomers" and is aimed at new arrivals to help them better understand the health-care system in southeastern New Brunswick and the province as a whole.

The booklet describes the adaptation to a new culture, provides an overview of how the health-care system works and explains the various aspects of health insurance in New Brunswick.

The guide describes how to access a family doctor, how to access health-care services at the hospital or in the community. The guide also contains much more information and complementary resources.

A second guide entitled "Health and Immigration: A Guide for Health Professionals" targets health-care providers. Its aim is to increase people's awareness to cultural differences newcomers bring to our region and the impact that these differences have on their practices. By being informed, the provider will be able to respond better to the newcomer's health-care needs, therefore better understanding the newcomer's reactions to illness. Furthermore, this guide will help increase the awareness of health-care professionals to the adaptation process required when integrating into a new culture.

The guide is divided into four sections:

- adaptation phases that one must go through when arriving in a new country
- cultural elements that must be considered when a newcomer requires health-care services, as well as the practices and beliefs of various religions and countries
- strategies that will facilitate communication between the newcomer and the health-care professional
- facts gathered following the hospitalization of newcomers.

These health and immigration guides are available from the project's partners and sponsors, as well as the following website: [www.beausejour-nb.ca](http://www.beausejour-nb.ca), or by calling (506) 862-4225.

### Do you know...

In New Brunswick, it is forbidden to smoke in public places.







### Prior learning assessment and recognition

The federal government offers newcomers an orientation service on credentials. Visit [www.credentials.gc.ca](http://www.credentials.gc.ca) or visit a Service Canada office.

Visit the Canadian Information Centre for International Credentials website [www.cicic.ca](http://www.cicic.ca) for more information on hiring conditions in specific professions and trades in Canada.

### Other

#### Toastmasters International

Toastmasters International is the world's largest public speaking organization. Through its clubs, Toastmasters International helps men and women learn the art of public speaking, listening and thinking - essential skills for reaching one's full potential. The organization also increases leadership potential and promotes understanding between people and contributes to the betterment of the humanity.

Toastmasters International is a good way to speak in English or French and to meet people.

Visit [www.toastmasters.org](http://www.toastmasters.org) and click on "Find a location near you" to get the list of clubs in Greater Moncton.

#### Public libraries (Information from the following website: [www.gnb.ca/0003/index-e.asp](http://www.gnb.ca/0003/index-e.asp))

New Brunswick's public library system provides access to a provincial collection of more than 1.8 million items, as well as to programs and services ranging from story hour to public lectures to services such as reference, intra-library loan and public access computer workstations.

MONCTON	DIEPPE	RIVERVIEW
Moncton Public Library 644 Main Street, Suite 101 (506) 869-6000 <a href="http://www.monctonpubliclibrary.ca">www.monctonpubliclibrary.ca</a>	Dieppe Public Library 333 Acadie Avenue (in City Hall) (506) 877-7945 or (506) 877-5015 <a href="http://www1.gnb.ca/0003/library.asp?Code=AD">www1.gnb.ca/0003/library.asp?Code=AD</a>	Riverview Public Library 34 Honour House Court (506) 387-2108 <a href="http://www.townofriverview.ca">www.townofriverview.ca</a> (Community section)

To get a library card, a form can be filled online on the following website:

<https://www.gnb.ca/0003/request.asp> (please note <https://> at beginning of website address).

This online application service is only available to New Brunswick residents, however. If you are not a resident, you will need to visit a public library to get a visitor's card. You will need a piece of identification or at least a proof of residency in Greater Moncton, for example a note from your landlord or your banker.

## EMPLOYMENT

### WHERE TO LOOK FOR A JOB

- **Classified ads in local newspapers (especially on Saturdays)**

- **Websites**

(The following list is not all-inclusive. It is a sample of available resources)

Here is an example of government and private sector websites that could help you:

[www.allcanadianjobs.com](http://www.allcanadianjobs.com)  
[www.atlanticjobs.com](http://www.atlanticjobs.com)  
[www.canadabenefits.gc.ca](http://www.canadabenefits.gc.ca)  
[www.careerbeacon.com](http://www.careerbeacon.com)  
[www.careerowl.com](http://www.careerowl.com)  
[www.gnb.ca](http://www.gnb.ca)  
[www.jobbank.gc.ca](http://www.jobbank.gc.ca)  
[www.jobboom.com](http://www.jobboom.com)  
[www.jobopenings.net](http://www.jobopenings.net)  
[www.jobshark.ca](http://www.jobshark.ca)  
[www.labourmarketinformation.ca](http://www.labourmarketinformation.ca)  
[www.monster.ca](http://www.monster.ca)  
[www.nbjobs.ca](http://www.nbjobs.ca)  
[www.newbrunswickjobshop.ca](http://www.newbrunswickjobshop.ca)  
[www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)  
[www.working.com](http://www.working.com)  
[www.workopolis.com](http://www.workopolis.com)

- **Service Canada**

Heritage Court, Suite 310  
95 Foundry Street  
Moncton, NB  
(506) 851-6718

- **Employment agencies** (information from the Employment Agencies Act)

An employment agency is a business that matches candidates with a specific profession, trade, job, service or other employment: a) on behalf of the worker; b) on behalf of the employer

Consult the telephone directory's Yellow Pages under Employment Agencies for a list of agencies in the Greater Moncton area.

- **"Help Wanted" signs in restaurant and store windows**

- **Friends and family**

Do you know that approximately 80 per cent of available jobs are never posted publicly? It is therefore important to ask people you know or meet if they know of employers looking for employees.

## PLEASE NOTE: DEDUCTIONS AND TAXABLE BENEFITS

### Income tax

If you are working for an employer, a percentage of your paycheque will be deducted and sent to the federal government to pay the income tax that you owe. If too much is deducted, you will get a refund. If you paid too little, you will need to pay the difference. This money helps pay for the cost of government services.

For more information, visit the Canada Revenue Agency's website: [www.cra-arc.gc.ca](http://www.cra-arc.gc.ca)

### Did you know...

Every year, all Canadians must file an income tax return. For more information, visit the Canada Revenue Agency's website at [www.cra-arc.gc.ca](http://www.cra-arc.gc.ca).



### Canada Pension Plan

A small percentage of your paycheque is deposited into this plan. When you retire, you will receive a monthly pension from the federal government. The amount will vary based on how many years you worked contributed to the Canada Pension Plan and your salary during this period.

For more information, visit the Human Resources and Social Development Canada website: [www.hrsdc.gc.ca](http://www.hrsdc.gc.ca)

### Employment Insurance

While you are working, a small percentage of your paycheque will be deducted each month and deposited into the Employment Insurance account. Your employer also contributes to the account, as well. Employment Insurance provides funds to eligible unemployed Canadian residents for a short period of time while they look for a new job or undertake training to learn new skills.

For more information, visit the Human Resources and Social Development Canada website: [www.hrsdc.gc.ca](http://www.hrsdc.gc.ca)

### Taxes (Information from the Canada Revenue Agency website):

The Goods and Services Tax (GST) is a tax that applies to the supply of most goods and services in Canada. Three provinces (Nova Scotia, New Brunswick and Newfoundland and Labrador) harmonized their provincial sales tax with the GST to create the Harmonized Sales Tax (HST). The HST applies to the same base of taxable goods and services as the GST. Effective January 1, 2008, the GST rate is five per cent and the HST rate is 13 per cent.

For more information, visit the Canada Revenue Agency website: [www.cra-arc.gc.ca](http://www.cra-arc.gc.ca)

### Minimum wage

Effective June 1, 2011, the minimum wage in New Brunswick is \$9.50. For more information, visit the provincial government website: [www.gnb.ca](http://www.gnb.ca).

## STARTING A BUSINESS

Here are a few organizations that could help you through the process. The following list is not all-inclusive. It is a sample of available resources:

- **Enterprise Greater Moncton**  
1273 Main Street, Suite 250  
Moncton, NB  
(506) 858-9550  
1-888-577-0000  
[www.greatermoncton.org](http://www.greatermoncton.org)
- **Enterprise South East**  
337A Main Street  
Shediac, NB  
(506) 532-8312  
1-888-303-2232  
[www.enterprisesoutheast.ca](http://www.enterprisesoutheast.ca)
- **Greater Moncton Chamber of Commerce (Business Immigrant Mentorship Program)**  
1273 Main Street, Suite 200  
Moncton, NB  
(506) 857-2883  
[www.gmcc.nb.ca](http://www.gmcc.nb.ca)
- **Business Development Bank of Canada**  
766 Main Street  
Moncton, NB  
(506) 851-6120  
1-888-463-6232  
[www.bdc.ca](http://www.bdc.ca)
- **Service New Brunswick Services to businesses, forms and information**  
  
**Place 1604, Suite 130**  
200 Champlain Street  
Dieppe, NB  
(506) 869-6222  
1-888-762-8600  
[www.snb.ca](http://www.snb.ca)  
  
**Assumption Place**  
770 Main Street  
Moncton, NB  
(506) 856-2204  
1-888-762-8600  
[www.snb.ca](http://www.snb.ca)
- **Canada Revenue Agency**  
50 King Street  
Moncton, NB  
1-800-959-8281  
[www.cra-arc.gc.ca](http://www.cra-arc.gc.ca) (select language and then click on Business)
- **Moncton Industrial Development**  
655 Main Street  
Moncton, NB  
(506) 857-0700  
[www.moncton4business.com](http://www.moncton4business.com)
- **Business Brokers:**  
See Yellow Pages
- **Business New Brunswick**  
[www.gnb.ca/0398/index-e.asp](http://www.gnb.ca/0398/index-e.asp)
- **Canada Business New Brunswick**  
[www.canadabusiness.ca](http://www.canadabusiness.ca)  
1-888-576-4444
- **Industry Canada**  
[www.ic.gc.ca](http://www.ic.gc.ca)  
[www.strategis.ic.gc.ca](http://www.strategis.ic.gc.ca)
- **Service Canada**  
Heritage Court, Suite 310  
95 Foundry Street  
Moncton, NB  
(506) 851-6718  
[www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)
- **Atlantic Canada Opportunities Agency**  
Blue Cross Centre, 3<sup>rd</sup> floor  
644 Main Street  
Moncton, NB  
(506) 851-2271  
1-800-561-7862  
[www.acoa-apecca.gc.ca](http://www.acoa-apecca.gc.ca)

## VOLUNTEERING

### Volunteer Centre of Southeastern New Brunswick Inc.

The Centre supports 150 registered non-profit agencies and organizations in Dieppe, Moncton, Riverview and surrounding areas by recruiting and referring volunteers. In an effort to better serve its clients, the organization coordinates and/or collaborates on information workshops for volunteers, agencies and organizations needing volunteers. The Centre is a source of information and advice for the entire community.

236 St. George Street, Suite 315  
 Moncton, NB  
 (506) 869-6977  
[www.volunteergreatermoncton.com](http://www.volunteergreatermoncton.com)

### Newspapers

See volunteering opportunities every day in local newspapers.

### Tips and tricks:

Don't lose an opportunity to build your new network.



## POLITICS AND THE LAW

The study guide *Discover Canada: The Rights and Responsibilities of Citizenship*, intended for persons applying for Canadian Citizenship, provides a good explanation, among other information, on the Canadian government, federal elections and the Canadian justice system.

### MUNICIPAL GOVERNMENTS

Municipal governments usually have a council that passes laws. These laws are called bylaws and only concern the affairs of the immediate community. The council includes a mayor and other elected representatives, often called municipal councillors. Provincial, territorial and municipal elections are held by secret ballot, but regulations differ per level of government. It is therefore important to find out these rules in order to exercise your right to vote. (Information from the study guide *Discover Canada: The Rights and Responsibilities of Citizenship*.)

Type of municipal government in Greater Moncton:

Mixed: Composed of a council and manager of the municipality

Regular municipal council meetings are open to public.

Many municipal committees under the supervision of the council are active in each municipality. These committees have varying mandates.

Municipal councils are there to listen to the resident's point of view.

MONCTON	DIEPPE	RIVERVIEW
Municipal council: Mayor and 10 councillors	Municipal council : Mayor and 8 councillors	Municipal council: Mayor and 7 councillors
Number of wards: 4	Number of wards: 5	Number of wards: 4
City Hall 655 Main Street Moncton, NB (506) 853-3333	City Hall 333 Acadie Avenue Dieppe, NB (506) 877-7900	Town Hall 30 Honour House Court Riverview, NB (506) 387-2020
<a href="http://www.moncton.ca">www.moncton.ca</a> (Click on: Government)	<a href="http://www.dieppe.ca">www.dieppe.ca</a> (Click on: City Hall)	<a href="http://www.townofriverview.ca">www.townofriverview.ca</a> (Click on: Town Hall)

### LEGAL ASPECT

#### • Canadian Human Rights Act

The purpose of the Canadian Human Right Act is to promote equity and prohibit discrimination based on race, national origin, colour, religion, age, sex, sexual orientation, marital status, family status, disability or conviction for an offence for which a pardon has been granted. (Information from Canada's Department of Justice website)

Don't hesitate to contact the New Brunswick Human Rights Commission if you believe you have been discriminated against:

(506) 453-2301 or toll-free 1-888-471-2233.

Website: [www.gnb.ca/hrc-cdp](http://www.gnb.ca/hrc-cdp)

## ALCOHOL, TOBACCO AND DRUGS

According to the laws of New Brunswick:

- You must be 19 years old to purchase, consume or possess alcohol or cigarettes.
- Drinking and driving is **ILLEGAL**.
- Consumption or possession of drugs that are not purchased at a pharmacy or prescribed by a doctor is **ILLEGAL**.

### *Do you know...*

In New Brunswick, it is prohibited to consume alcohol on the street.



## **POLICE** (information from the Public Legal Education and Information Service of New Brunswick)

Police officers are present on New Brunswick and Greater Moncton roads. A police officer is allowed to walk up to you and engage you in conversation. There is no limit whatsoever on a police officer's right to ask you questions. There are a number of common reasons for police to stop and question people in public places, including investigations on drugs, weapons, liquor and motor vehicle offences. If the police stop you while you are driving a vehicle, you are not required to answer questions except about driver's licence, insurance and motor vehicle registration. However, it is preferable that you cooperate with the police by answering additional questions they might ask, because failure to do so raises suspicion.

To make a lawful arrest, the police officer should:

- Identify himself/herself
- State that you are under arrest
- Tell you the reason for the arrest
- Tell you that you have the right to speak with your lawyer

## **LEGAL SERVICES** (Information from the Law Society of New Brunswick website)

If you need legal services, the Law Society of New Brunswick is there to help you. The Bar has many responsibilities, including:

- Defence and protection of public interest in justice administration
- Preservation and protection of human rights and privileges
- Regulate the legal profession

For more information on members of the Law Society of New Brunswick, call (506) 458-8540 or visit [www.lawsociety-barreau.nb.ca](http://www.lawsociety-barreau.nb.ca).

Legal Aid is available for persons with low income who are faced with criminal charges or involved in a family-related proceeding. For more information:

Legal Aid in family law and Greater Moncton Family Support Services: (506) 856-2305

Greater Moncton Legal Aid Service: (506) 853-7300

You may also visit the educational and informational website intended for the general public and managed by the Law Society of New Brunswick:

[www.legal-info-legale.nb.ca](http://www.legal-info-legale.nb.ca)

If you are looking for a lawyer, you may also consult the telephone directory's Yellow Pages under Lawyers.

## FOOD AND SHOPPING

In Greater Moncton, people buy food at various places:

### **SUPERMARKETS**

Supermarkets are stores with large areas where you will find all the food you are looking for. Supermarkets are divided into sections to facilitate your food shopping. Sections include: fruits and vegetables, bakery, meat department, seafood department, organic products and frozen foods.

Despite the fact that supermarkets focus on the sale of food, they sometimes contain a floral section, a pharmacy and sell other useful items for the home and even clothing.

Consult the telephone directory's Yellow Pages:

- **Grocers-Retail** for supermarkets
- **Fish & Seafood-Retail** and **Fish & Seafood-Wholesalers** for retailers and wholesalers of fish only
- **Meat Dealers-Retail** for meat retailers only

### **SPECIALTY GROCERY STORES**

There are a few specialty grocery stores in Greater Moncton, including:

- **Afrikan**  
7 Jones Street  
Moncton, NB  
(506) 854-5050
- **Near East Chinese Market**  
342 Coverdale Road  
Riverview, NB  
(506) 204-8888
- **Blue Olive**  
451 Paul Street  
Dieppe, NB  
(506) 382-2888
- **Dolma Foods**  
251 St. George Street  
Moncton, NB  
(506) 852-3663
- **Main Stop ORIENTAL Market**  
1383-1385 Main Street,  
Moncton, NB  
(506) 854-8463

Supermarkets and certain food retailers and convenience stores in the area provide food, ingredients, meats and spices used in meals from various cultures. Sometimes, there is a section in these stores for international products.

### *Tips and tricks:*

Don't hesitate to ask store's staff for help to find products you are looking for.

### **FARMERS' MARKETS**

Greater Moncton's farmers' markets are the perfect place to find various products, including fresh local products and crafts. You will enjoy the friendly atmosphere and mingling with other members of the community.

- **Marché Moncton Market (downtown)**  
120 Westmorland Street, (506) 853-3516 [www.marchemonctonmarket.ca](http://www.marchemonctonmarket.ca)  
Hours of operation: Saturday 7 a.m. to 2 p.m.
- **Marché de Dieppe Market**  
232 Gauvin Road, (506) 382-5750 • [www.marchedieppe.com](http://www.marchedieppe.com)  
Hours of operation: Saturday 7 a.m. to 1:30 p.m.

## RESTAURANTS

There is a large variety of restaurants and resto-bars for every taste and occasion. There are also a few cafés.

Consult the telephone directory's Yellow Pages under:

Restaurants, Coffee Houses, Cafés or Coffee-Retail.

### **Tips and tricks:**

In New Brunswick, most people tip the waitresses/waiters depending as a means of thanking them for the quality of service. The tip is 10 to 15 per cent of total before taxes.

## CONVENIENCE STORES

A convenience store is a small store that stays open later than other stores or supermarkets, even 24 hours per day for some, which is why they are called "convenience" stores. There, you will find a limited food inventory, some home necessities, newspapers and many other items. Convenience stores are located almost everywhere in Greater Moncton.

Consult the telephone directory's Yellow Pages under Convenience Stores.

## MALLS / RETAIL COMPLEXES (information from Moncton City Hall)

If you are looking for clothes, food, accessories or furniture for your home, here are the main malls/retail complexes in Moncton:

- **Champlain Place**  
477 Paul Street  
Dieppe, NB  
(506) 855-6255
- **Highfield Square**  
1100 Main Street, corner of Highfield  
Moncton, NB  
(506) 857-4914
- **Northwest Centre**  
1380 Mountain Road  
Moncton, NB
- **Superstore Mall**  
165 Main Street  
(506) 857-4748
- **Moncton / Trinity Power Centre**  
On Trinity Drive
- **Plaza Boulevard**  
On Plaza Boulevard
- **Mapleton Power Centre**  
On Mapleton Road

Many other stores, of course, are located around Moncton, Dieppe and Riverview. For more information, visit [www.gomoncton.com](http://www.gomoncton.com) or municipal websites in Greater Moncton. For a precise location or product, consult the telephone directory's Yellow Pages.

### **Tips and tricks:**

Please note: The final price of a product is higher than the price on the item or shelf because taxes are not included in these prices.

## CULTURE, PARKS AND LEISURE

(Information from the provincial government website)

### OVERVIEW

New Brunswick covers 73,440 square kilometres in roughly a rectangular shape about 242 kilometres from east to west and 322 kilometres north to south. The largest of Canada's three Maritime provinces, New Brunswick is located to the south of Quebec's Gaspé Peninsula and shares its western border with the State of Maine. Its eastern border is entirely coastline, including the Gulf of St. Lawrence and the Northumberland Strait. To the south, Chignecto Bay and the Isthmus of Chignecto link New Brunswick to Nova Scotia. The remainder of the southern border is coastline along the Bay of Fundy, whose highest tides in the world have sculpted a spectacular shore. New Brunswick is also linked to Prince Edward Island by the famous Confederation Bridge. New Brunswick has magnificent sandy beaches during the summer, enjoys amazing fall foliage, beautiful spring flowers and fields of pure white snow during winter. The province is marked by its rolling hills and breathtaking valleys, as well as historic and modern architecture located in many of its cities, towns and villages. New Brunswick's communities vary. There are eight major cities: Bathurst, Campbellton, Dieppe, Edmundston, the provincial capital of Fredericton, Miramichi, Moncton and Saint John.



### NEW BRUNSWICK HOLIDAYS:

January 1 – New Year's Day  
Friday before Easter Sunday – Good Friday  
Monday before May 24 – Victoria Day  
July 1 – Canada Day  
First Monday in August – New Brunswick Day  
First Monday of September – Labour Day  
Second Monday in October – Thanksgiving  
November 11 – Remembrance Day  
December 25 – Christmas  
December 26 – The day after Christmas (Boxing Day)



### LANGUAGES

New Brunswick is the only officially bilingual province in Canada. According to the 2006 census, approximately 33 per cent of the population speaks French. The percentage of francophones in Greater Moncton is slightly higher than the provincial average, according to the 2006 Census.

### *Do you know...*

"Chiac" is the dialect of the new Acadian generation of southeastern New Brunswick as a result of the numerous contacts with the anglophone community, especially in the urban area of Moncton. Chiac is characterized by mixing French, English and old French. (Information from the Cyberacadie website: [www.cyberacadie.com](http://www.cyberacadie.com))

Refer to Pascal Poirier's *Le Glossaire acadien* or Yves Cormier's *Dictionnaire du français acadien* to learn about certain expressions used in the Greater Moncton area.



### Do you know...

The new *Official Languages Act* ensures that the following New Brunswick government institutions must make an “active offer” of service in both official languages, French and English:

- Provincial government departments and Crown corporations
- New Brunswick Legislature
- New Brunswick acts
- Justice system
- Cities and municipalities with an official language minority population of at least 20 per cent
- Health-care system



### WEATHER

New Brunswick has a blend of climates typical of a coastal area and of an inland province. January is generally the coldest month in New Brunswick, while July is the warmest. However, influxes of moist Atlantic air produce mild spells in winter and periods of cool weather in summer. Summers are typically warm and comfortable, but not too hot. Along the Bay of Fundy coast, average daytime temperatures vary between 20 and 22°C in the summer, with higher temperatures as one moves inland. Many pleasant but cooler days are experienced in spring and fall.

To know the daily weather forecast, check local newspapers, listen to the radio, watch television or visit [www.theweathernetwork.com](http://www.theweathernetwork.com).

### SEASONS

Dates are approximate and may vary slightly from year to year.

Winter – December 21 to March 21

Spring – March 21 to June 21

Summer – June 21 to September 21

Fall – September 21 to December 21

### Tips and tricks:

Winter storms sometimes cause school closures. Plan ahead for child care if necessary.

### CLOTHING

Clothing worn in New Brunswick depends on the season. In fall, warm clothes are necessary, such as winter coats, mittens or gloves with a very warm lining, toque, scarf, winter boots, lined winter pants if you go outside for any length of time, such as playing winter sports.

In Greater Moncton, many places sell new clothes, but a few stores specialize in selling used clothing. These stores are good places to buy affordable clothing for every season.

Consult the telephone directory's Yellow Pages under Clothing-Second Hand..

### ACADIE

(Information from the *Société nationale de l'Acadie* website)



Founded in 1604, Acadie was the first attempt to colonize the New World. De Monts, Champlain and Poutrincourt, along with 80 French settlers, led the expedition and the settlement of the colony at the Île-Ste-Croix, and the following year, in Port Royal. They then began the great adventure of Acadie, whose history would be marked forever by the deportation of 1755. Deported to several British colonies in North America and hunted for eight years, it was only in 1763, that Acadie, practically vanquished, came back to life.

In New Brunswick, Acadians settled especially along the coast from Cap-Pelé to Miscou and inland to Saint-Jacques, in the northwestern part of the province. In Nova Scotia, they took root in the Baie Sainte-Marie and Cape Breton, while on Prince Edward Island they were originally found in the Evangeline area, and on the west coast of Newfoundland. The college in Memramcook and Université Sainte-Anne, both founded in the late 19<sup>th</sup> century, provided a breath of fresh air. At the same time, Acadie entered an era of modernity, achieving crucial progress in education, social justice and language rights. Atlantic Canada's Acadie now counts more than 300,000 proud Acadians.

Interesting website: [www.cyberacadie.com](http://www.cyberacadie.com)

### PARKS AND FREE (OR ALMOST FREE) OUTDOOR ACTIVITIES

(Information from Moncton City Hall)

#### Tidal bore

The tidal bore is a twice-daily spectacular phenomenon caused by the Bay of Fundy's tides, the highest in the world. It is possible to observe the tidal bore from various places in Greater Moncton, from Moncton, Dieppe or Riverview.

#### Centennial Park (St. George Boulevard)

Boasting 230 acres of scenic parkland, this park offers fun and recreation throughout the year. Summer activities include swimming, hiking, a wheelchair-accessible playground, tennis and lawn bowling. Winter activities include skating, snowshoeing and cross-country skiing on the longest lit trails in Eastern Canada. TreeGO, an aerial obstacle course, which allows you to fly high through the trees, is also located in Centennial Park. (506) 853-3506

#### Irishtown Nature Park (Irishtown Road -- Route 115)

Canoeing, hiking, and bird watching are just some of the activities enjoyed at this beautiful 2,200-acre park. Groomed ski trails are available during the winter months. (506) 853-3516

#### Mapleton Park (Gorge Road and Mapleton Road entrances)

This 300-acre park located in Moncton's north end offers something for nature lovers of all ages. Featuring wide, accessible trails and more rustic trails, this park is a haven for runners, walkers, cyclists, cross-country skiers and skaters. (506) 853-3506

#### Riverfront Park (Downtown Moncton – Assomption Boulevard)

Offering five kilometres of multi-use trails, this park offers beautiful floral displays, benches and the Celtic cross monument. This trail also comprises the Moncton portion of the Trans Canada Trail system linking the communities of Riverview and Dieppe. Portions of this trail are groomed for winter running. Other points of interest include Bore Park, Settlers Green, Hal Betts Memorial Sportsplex, and the Treitz Haus Visitor Information Centre. (506) 853-3516

**Bicentennial Park (City Hall, 333 Acadie Avenue, Dieppe)**

Dieppe's Bicentennial Park is the place to be every Wednesday evening throughout the summer months to enjoy live entertainment featuring local musicians. The park also features a playground, horseshoe pit and Gravity Eternity, a public monument.

**Linear Park**

Running through Dieppe's residential neighbourhoods, Linear Park serves as a link between the city's commercial, educational and recreational facilities. A section of the park designed exclusively for walking and cycling will become part of the Trans Canada Trail.

**St-Anselme Rotary Park (Located off Melanson Road in Dieppe)**

Dieppe's St-Anselme Rotary Park provides fun experiences the whole family can enjoy. The diversified flora, fauna and woodlands create a unique setting for many activities, whether it's a relaxing stroll or an invigorating bicycle ride on one of the many trails designed for cycling and walking. For more information, call (506) 877-7946.

**Dobson Trail (Pine Glen Road, Riverview)**

The Dobson Trail provides an opportunity for outdoor enthusiasts to explore the wonders of New Brunswick's wilderness. It is comprised of nine distinct sections stretching over 58 kilometres between Riverview and Fundy National Park.

**COMMUNITY PARKS AND PLAYGROUNDS**

Greater Moncton municipalities have many community parks and playgrounds.

For more information on community parks and playgrounds, contact:

Moncton's Recreation, Parks and Culture Department: (506) 853-3516

Dieppe's Community Recreation Department: (506) 877-7900

Riverview's Parks & Recreation Department: (506) 387-2024

**SPORT FACILITIES** (information from Moncton City Hall)

There are plenty of sport facilities in Greater Moncton to meet all your needs:

- Soccer, football, tennis, golf, baseball, lawn bowling fields
- Public swimming pools
- Arenas
- Gymnasiums

For more information on where these facilities are located, contact the websites of local municipalities.

**OTHER WEBSITES TO CONSULT:**

[www.moncton.ca](http://www.moncton.ca)

[www.dieppe.ca](http://www.dieppe.ca)

[www.activeriverview.com](http://www.activeriverview.com)

You can also consult the telephone directory's Yellow Pages under:

- Arenas
- Health, Fitness & Exercise Services
- Martial Arts & Self-Defense Instruction
- Recreation Centres
- Swimming Pools-Public

**SHOWS**

- **Capitol Theatre**

811 Main Street  
Moncton, NB  
(506) 856-4379  
1-800-567-1922  
[www.capitol.nb.ca](http://www.capitol.nb.ca)

- **Théâtre l'Escaouette**

170 Botsford Street  
Moncton, NB  
(506) 855-0001  
[www.escaouette.com](http://www.escaouette.com)

- **Moncton Coliseum**

377 Killam Drive  
Moncton, NB  
(506) 857-4100  
1-888-720-5600  
[www.monctoncoliseum.com](http://www.monctoncoliseum.com)

- **Centre Culturel Aberdeen Coopérative Ltée and Jardin Aberdeen**

140 Botsford Street  
Moncton, NB  
(506) 857-9597  
[www.centreculturelabeledeen.ca](http://www.centreculturelabeledeen.ca)

- **Université de Moncton**

Socio-cultural Recreation Services  
Student Centre, Room B-150  
(506) 858-3738  
(506) 858-3712  
[www.umoncton.ca/umcm-saee](http://www.umoncton.ca/umcm-saee)



## CINEMAS / MOVIE THEATRE

- **Empire Theatres**  
(Crystal Palace, Dieppe)  
(506) 854-3456 (information on movies available 24 hours per day)
- **Empire Theatres**  
(Trinity Drive, Moncton)  
(506) 854-3456 (information on movies available 24 hours per day)
- **Université de Moncton**  
Ciné-Campus (Jacqueline-Bouchard building auditorium, room 163)  
(506) 858-3712
- **Far Out East Cinema**  
(Jacqueline Bouchard building auditorium room 163)  
(506) 857-9120

## OTHER ACTIVITIES

The Greater Moncton area is full of attractions and activities that attract many tourists.

To learn about other activities in Greater Moncton, as well as activities requiring a fee, for instance Crystal Palace or Magic Mountain Water Park, visit:

- Greater Moncton municipal websites
- [www.tourismnewbrunswick.ca](http://www.tourismnewbrunswick.ca)

or get a local travel guide.

## RELIGIOUS CONGREGATIONS

Under the Canadian Charter of Rights and Freedoms, you may practise the religion of your choice in Canada.

There are many churches in Greater Moncton, including: Roman Catholic, Christian, Protestant, Baptist and Anglican. In addition, there are two mosques and one synagogue.

Consult the telephone directory's Yellow Pages Religious Organizations, and Churches & Other Places of Worship to find Greater Moncton's religious congregations.

MAGMA, the CAIIMM and the Greater Moncton Immigration Board can also help you with your search for a place of worship in the Greater Moncton area.

## IN CASE OF...

### HUMANITARIAN AND SOCIAL SERVICE ORGANIZATIONS

Consult the telephone directory's Yellow Pages Social and Human Service Organizations to find many of the organizations that could help you in case of need, including:

- **Greater Moncton Family Resource Centre**  
451 Paul Street, Suite 210  
Dieppe, NB  
(506) 384-7874  
[www.frc-crf.com](http://www.frc-crf.com)  
Services provided: A range of programs and activities intended for parents and their children between 0 and 6 years old.
- **Moncton Community Mental Health Centre**  
81 Albert Street  
Moncton, NB  
(506) 856-2444  
Services provided: Wide range of health-related programs and services
- **New Life Mission Inc.**  
155 Lester Street  
Moncton, NB  
(506) 859-4277  
Services provided: After-school drop-in programs, snacks, help with homework, etc.
- **ReConnect Street Intervention Program**  
595 Main Street or 30 War Veterans Avenue  
Moncton, NB  
(506) 856-4362  
(506) 558-7255  
Services provided: Assistance with housing or shelter, food resources and referral to assistance agencies

### SHELTERS

- **Community Chaplaincy**  
75 Gordon Street  
Moncton, NB  
(506) 851-6384  
Services provided: Shelter for the homeless
- **Crossroads for Women Inc.**  
Moncton, NB  
(506) 853-0811  
Services provided: Shelter for women and children fleeing abusive relationships



